

Day – 1 - Rhyme Time

‘मैंतोता , मैंतोताहरेरंगकाहूँदिखता’ राइमको
ऐक्शन के साथ करें-



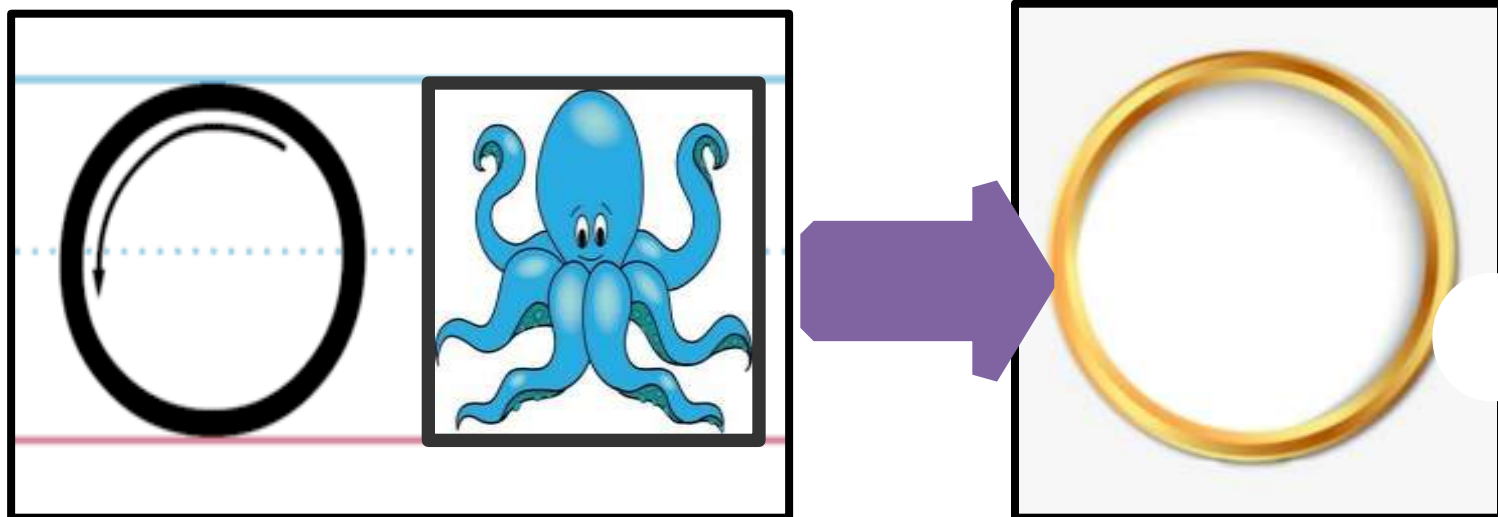
मैंतोता

राइमकोदेखनेकेलिएनीचेदिएगयेलिंकपरक्लिक
करें।

[https://www.youtube.com/watch?v=Kj6ZzR0L
Kpg](https://www.youtube.com/watch?v=Kj6ZzR0LKpg)

नोट - यह बच्चे की संगीत योग्यता , और भाषा को बढ़ाने
में सहायता करेगा।

Day- 2-Letter of the day- Letter O



Instructions –

1. As you can see in the above picture the bangle looks like the letter O.
2. Let the child trace the shape of bangle with his pointer finger.
3. Similarly find out more things at your home that resembles the letter O.
4. Then click the pictures of those items which look like the letter O and paste it in your English notebook.

Note- This activity will help the child to learn the correct formation of letter O.

Day –3-Health and Fitness

Watch the video and practice these yoga poses every day to keep yourself healthy fit and fine.



Refer to the following link for the yoga song.

<https://www.youtube.com/watch?v=G8Z7GuBH-B4>

Instructions to open the link

1. Right click on the above link.
2. Click on Open Hyperlink.
3. Video will start on YouTube

Note- This activity will help the child to learn and do different yoga poses and will help them to keep active and lively throughout the day.

Day – 4-Fine Motor Fun

Pulses Pasting Activity



Material required –

- An A-4 size sheet.(blue colour)
- Some yellow , orange and green colored pulses and fevicol.

Instructions –

- Take the A-4 size sheet and draw a flower on it.
- Now ask the child to apply fevicol on the flower and paste the pulses as shown in the above picture.

Note-This activity will help the children to improve their fine motor skills.

Day – 5- General Awareness

Months Of The Year



Refer to the following links for the months of the year.

<https://www.youtube.com/watch?v=SSI-SbVz2oA>

<https://www.youtube.com/watch?v=-d3jkbP1xc8>

<https://www.youtube.com/watch?v=bk4DDv8u58Q>

Instructions to open the link

1. Right click on the above link.
2. Click on Open Hyperlink.
3. Video will start on YouTube

Note- This activity will help the child to learn the names of months of the year.